

Summary of Benefits and Coverage: What this Plan Covers & What it Costs



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <u>www.BCBSRI.com</u> or by calling 1-800-639-2227 or (401) 459-5000.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	For In Network providers <b>\$4900</b> for an individual plan <b>/ \$9800</b> for a family plan. Doesn't apply to preventive services and services with a fixed dollar copay.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 3 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services, but see the chart starting on page 3 for other costs for services this plan covers.
Is there an <u>out-of-pocket</u> <u>limit</u> on my expenses?	Yes. For In Network providers <b>\$5500</b> for an individual plan <b>/ \$11000</b> for a family plan.	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billed charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 3 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes, this plan uses in-network providers. See www.BCBSRI.com or call 1-800-639-2227 or (401) 459-5000 for a list of participating providers.	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 3 for how this plan pays different kinds of <b>providers</b> .
Do I need a referral to see a <u>specialist</u> ?	No. You don't need referral to see a specialist.	You can see the <b>specialist</b> you choose without permission from this plan.

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Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 8. See your policy or plan document for additional information about
		excluded services.

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- <u>Copayments</u> are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use In Network **providers** by charging you lower **<u>deductibles</u>**, **<u>copayments</u>** and <u>**coinsurance**</u> amounts.

Common Medical Event	Services You May Need	Your cost if you use an In Network Provider	Your cost if you use an Out-of- Network Provider	Limitations & Exceptions
If	Primary care visit to treat an injury or illness	\$20 copay per visit	Not Covered	\$10 copay per visit if PCP is part of a Patient Centered Medical Home (PCMH). \$10 copay after deductible for subsequent non-preventive visits
If you visit a health care <u>provider's</u> office	Specialist visit	\$45 copay per visit	Not Covered	none
or clinic	Other practitioner office visit	\$45 copay after deductible per visit	Not Covered	Chiropractic Services are limited to 12 visit(s) per year
	Preventive care/screening/immunization	No Charge	Not Covered	For additional details, please see your plan documents or visit www.BCBSRI.com/providers/policies
If you have a toot	Diagnostic test (x-ray, blood work)	10% coinsurance after deductible	Not Covered	Preauthorization is recommended for certain services
If you have a test	Imaging (CT/PET scans, MRIs)	10% coinsurance after deductible	Not Covered	Preauthorization is recommended

Common Medical Event	Services You May Need	Your cost if you use an In Network Provider	Your cost if you use an Out-of- Network Provider	Limitations & Exceptions
	Tier 1 generally low cost generic drugs	\$10 copay per prescription (retail) \$25 copay per prescription (mail- order)	Not Covered	No Charge for certain preventive drugs
If you need drugs to treat your illness or condition	Tier 2 generally includes other certain low cost preferred generic prescription drugs	\$30 copay per prescription (retail) \$75 copay per prescription (mail- order)	Not Covered	Preauthorization is required for certain drugs
More information about <u>prescription</u> <u>drug coverage</u> is available at <u>www.BCBSRI.com</u> .	Tier 3 generally includes high cost non- preferred generic prescription drugs and preferred brand name prescription drugs	\$50 copay after deductible per prescription (retail) \$125 copay after deductible per prescription (mail- order)	Not Covered	Preauthorization is required for certain drugs
	Tier 4 generally includes non-preferred brand name drugs	\$75 copay after deductible per prescription (retail) \$225 copay after deductible per prescription (mail- order)	Not Covered	Preauthorization is required for certain drugs

Common Medical Event	Services You May Need	Your cost if you use an In Network Provider	Your cost if you use an Out-of- Network Provider	Limitations & Exceptions
	Tier 5 specialty prescription drugs	50% coinsurance after deductible per prescription (retail) \$100 copay after deductible per prescription (specialty pharmacy)	Not Covered	Infertility drugs: 20%coinsurance; Preauthorization is required for certain drugs
If you have	Facility fee (e.g., ambulatory surgery center)	10% coinsurance after deductible	Not Covered	Preauthorization is recommended
outpatient surgery	Physician/surgeon fees	10% coinsurance after deductible	Not Covered	Coverage includes pregnancy termination services
	Emergency room services	10% coinsurance after deductible	10% coinsurance after deductible	none
If you need immediate medical attention	Emergency medical transportation	\$50 copay per trip	\$50 copay per trip	\$3000 maximum per occurrence for Air/Water Ambulance; 10% coinsurance after deductible for Air/Water Ambulance
attention	Urgent care	\$75 copay after deductible per urgent care center visit	\$75 copay after deductible per urgent care center visit	Applies to the visit only. If additional services are provided additional out of pocket costs would apply based on services received.
If you have a	Facility fee (e.g., hospital room)	10% coinsurance after deductible	Not Covered	45 day limit at an inpatient rehabilitation facility; Preauthorization is recommended
hospital stay	Physician/surgeon fee	10% coinsurance after deductible	Not Covered	none

Common Medical Event	Services You May Need	Your cost if you use an In Network Provider	Your cost if you use an Out-of- Network Provider	Limitations & Exceptions
	Mental/Behavioral health outpatient services	\$45 copay/office visit 10% coinsurance after deductible for outpatient services	Not Covered	Preauthorization is recommended for certain services
If you have mental health, behavioral	Mental/Behavioral health inpatient services	10% coinsurance after deductible	Not Covered	Preauthorization is recommended
health, or substance abuse needs	Substance use disorder outpatient services	\$45 copay/office visit 10% coinsurance after deductible for outpatient services		Preauthorization is recommended for certain services
	Substance use disorder inpatient services	10% coinsurance after deductible	Not Covered	Preauthorization is recommended
If you are pregnant	Prenatal and postnatal care	10% coinsurance after deductible	Not Covered	none
n you are pregnant	Delivery and all inpatient services	10% coinsurance after deductible	Not Covered	Preauthorization is recommended
	Home health care	10% coinsurance after deductible	Not Covered	none
If you need help recovering or have other special health needs	Rehabilitation services	10% coinsurance after deductible	Not Covered	Includes Physical, Occupational and Speech Therapy. Speech Therapy preauthorization is recommended for all visits. Services to treat autism spectrum disorder are not subject to preauthorization.

Common Medical Event	Services You May Need	Your cost if you use an In Network Provider	Your cost if you use an Out-of- Network Provider	Limitations & Exceptions
	Habilitative services	10% coinsurance after deductible	Not Covered	Includes Physical, Occupational and Speech Therapy. Speech Therapy preauthorization is recommended for all visits. Services to treat autism spectrum disorder are not subject to preauthorization.
	Skilled nursing care	10% coinsurance after deductible	Not Covered	Custodial care is not covered; Preauthorization is recommended
	Durable medical equipment	10% coinsurance after deductible	Not Covered	Preauthorization is recommended for certain services.
	Hospice service	10% coinsurance after deductible	Not Covered	Preauthorization is recommended
If your child needs	Eye exam	\$60 copay	Not Covered	Limited to one routine eye exam per year. \$45 copay for medically necessary exams
dental or eye care	Glasses	10% coinsurance after deductible	Not Covered	Limited to one pair of eyeglasses per year
	Dental check-up	No Charge	Not Covered	Limit to 2 visit(s) per year

#### **Excluded Services & Other Covered Services:**

Se	Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)					
•	Acupuncture Cosmetic surgery	•	Dental care (Adult) Long-term care	•	Routine foot care unless to treat a systemic condition Weight loss programs	
	Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)					
•	Bariatric Surgery	•	Infertility treatment	•	Routine eye care (Adult)	
	Bariatric Surgery Chiropractic care	•	Most coverage provided outside the United	•	Routine eye care (Adult)	
	0,	•	5	•	Routine eye care (Adult)	

#### Your Rights to Continue Coverage:

Federal and State laws may provide protections that allow you to keep this health insurance coverage as long as you pay your **premium**. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at 1-800-639-2227 or (401) 459-5000 or TDD 1-888-252-5051 You may also contact your state insurance department at (401) 462-9520 or by email at HealthInsInquiry@ohic.ri.gov.

#### Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact your state insurance department at (401) 462-9520 or by email at HealthInsInquiry@ohic.ri.gov.

#### **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy <u>does</u> <u>provide</u> minimum essential coverage.

#### Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage <u>does meet</u> the minimum value standard for the benefits it provides.

-To see examples of how this plan might cover costs for a sample medical situation, see the next page.—

## About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

### Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- **Plan pays** \$2,390
- Patient pays \$5,150

#### Sample care costs:

Hospital charges (mother) Routine obstetric care	\$2,700 \$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$200
Total	\$7,540

#### Patient pays:

Deductibles	\$4,900
Copays	\$20
Coinsurance	\$200
Limits or exclusions	\$30
Total	\$5,150

#### Managing type 2 diabetes (routine maintenance of

a well-controlled condition)

- Amount owed to providers: \$5,400
- **Plan pays** \$960
- Patient pays \$4,440

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

#### Patient pays:

\$4,200
\$200
<b>\$</b> 0
\$40
\$4,440

These examples are based on coverage for an individual plan.

### **Questions and answers about the Coverage Examples:**

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S.
  Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

## Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

## Does the Coverage Example predict my future expenses?

No. Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

## Can I use Coverage Examples to compare plans?

✓ Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

 ✓ Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-ofpocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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